

BALANCE + FLEXIBILITY FOR MEN



AT AKASHA YOGA
WITH
**MISSY FALCEY &
VANESSA SULZER**

TUESDAYS • 4:45 - 5:45 PM

JAN 7 THROUGH FEB 11

\$120 for 6 Weeks

This is a popular series specifically designed for Jackson men. Align your form and stretch to best sustain your outdoor activities.



PRE REGISTRATION REQUESTED • NON-TRANSFERABLE

AKASHA YOGA • 150 E HANSEN AVE • WWW.AKASHAYOGAJH.COM